



Elk's Club Gluten Free Menu



SALADS

Cobb Fresh greens served with grilled chicken, bacon, bleu cheese, egg, avocado and tomato with your choice of dressing ½ \$ 8.95 Full \$ 11.95

Chef Fresh greens served with ham, turkey, Swiss and American cheese, egg, tomato, cucumbers, onions, and black olives with choice of dressing ½ \$ 8.95 Full \$ 11.95

Greek Salad - Note - Subtract the Pita Spinach and romaine lettuce served with feta cheese, roasted red peppers, kalamata olives, cucumbers and onions, with fresh-baked pita bread and Greek dressing on the side ½ \$ 8.95 Full \$ 11.95

Add grilled chicken Add \$2 ½ salad / \$4 full salad

Add sliced top sirloin or grilled shrimp Add \$3 ½ salad / \$6 full salad

Southwestern Salad

Fresh greens served with black beans, cheddar cheese, avocado, tomatoes, onions, fresh-fried tortilla chips and sour cream with SW dressing on the side ½ \$ 6.95 Full \$ 9.95

Add grilled chicken \$2 ½ salad / \$4 full salad

Add sliced top sirloin or grilled shrimp \$3 ½ salad / \$6 full salad



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ENTREES

Includes choice of French fries, Elks fries, side salad, cup of soup, hash browns, mashed Potatoes, baked potato, rice, or cottage cheese. Soup and salad bar are included on Fridays.

SEAFOOD

Whole Catfish Breaded and fried golden brown	\$ 16.95
Shrimp 6 Jumbo shrimp served scampi, or cajun style	\$ 21.95
Salmon Steak 8 ounces of premium salmon fillet grilled and served plain, blackened or with a brown sugar bourbon sauce	\$ 18.95
Tilapia a baked 8 ounce tilapia fillet topped with diced cucumbers and cilantro chutney	\$ 13.95

CHICKEN

Apple Chicken A grilled chicken breast topped with an apple avocado salsa and sliced toasted almonds	\$ 14.95
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BEEF

Prime Rib (Served only on Friday nights) Slow roasted to temperature of your choice	
Petite	\$ 20.95
Large	\$ 25.95
Top Sirloin a 12-ounce aged Choice top sirloin	\$ 22.95

PORK

Applewood Bacon Wrapped Pork Tenderloin Medallions Grilled to perfection and served with a balsamic drizzle	\$ 14.95
Iowa Chop Ten ounce bone-in grilled pork chop.	
Plain	\$ 12.95
Herb-rubbed and served with rhubarb compote	\$ 14.95
Topped with red and green chile salsas.	\$ 14.95