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**BENEVOLENT & PROTECTIVE ORDER OF ELKS  
IOWA CITY LODGE NO. 590**

*Exalted Ruler Steve Wilson*

**637 FOSTER ROAD • IOWA CITY, IOWA 52245**

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# ELKS BULLETIN

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ISSUE 2016-8

AUGUST 1, 2016

PUBLISHED MONTHLY

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## NOTES FROM THE PRO

Congratulations to our 2016 Men's Club Championship winners!

Rob Cordle is the Men's Club Champion.

Kurt Kimmerling is the Senior Men's Club Champion.

Tom Steehler is the Super Senior Men's Club Champion.

Please check out the Elk's 590 Facebook page for photo albums from these events. August is the month to crown our Women's Club Champion.

The golf course is still in fantastic shape despite the rough weather conditions we have experienced lately. Ned and his staff deserve a pat on the back. If you see them working on the course while you are out playing please give them a word of thanks.

There is still plenty golf season left. Be sure to keep using our facility and all that it has to offer.

Terry Anderson  
PGA Golf Professional  
Elks Country Club  
Iowa PGA Section

## B.F. BURT IS BACK

Sunday, August 14th, Kevin Burt will be back poolside to entertain us. He will perform from 5 to 7 p.m. It will be a family friendly event, perfect fit with the Parent/Child golf event scheduled for that day. There is no charge for the show but we will be taking free will donations for the Elks National Foundation as we strive to make our per capita quota for Lodge 590. We will be selling appetizers as well as beverages during the show.



## FRIDAY NIGHT COUPLES GOLF

The group is playing fun golf games such as best ball, scrambles, and various others to make it interesting and enjoyable for golfers of all abilities. Those needing a partner are welcome too. If you would like to receive notices for the ability to opt in each week, please email Patty Knebel at [pkknebel@hotmail.com](mailto:pkknebel@hotmail.com). Over 20 couples have participated so far. A notice will be sent out to this group each Monday concerning playing the following Friday. If you do not wish to play that week, no reply is necessary. An email with tee times and the game being played is sent on Thursday.

## GENERAL MANAGER REPORT

August can be one of the most enjoyable times at Lodge 590. The course and pool can be a little less busy as many families squeeze in a vacation before back to school preparations begins.

We do have a couple golf events to pay attention to in August. Monday, August 1st, we host the Iowa City Hospice Outing for the 21st year. They have two shotgun starts, 8 a.m. and 1:30 p.m. The Lodge dining room will not be open for lunch on that day.

Then on Sunday, the 21st, Blackstone restaurant will hold an outing with a 4:00 shotgun start.

As we get deeper into August we begin to lose our seasonal staff as they return to school. Please check with the Pro Shop before you drop off your children to swim as there will be more and more times when we may not have guards and the pool will be open to swimming at your own risk.

## POOLSIDE PILATES

Join us Tuesday, August 9th, poolside for an Introductory Pilates for Golf Workshop.

Refer to the flyer included in this bulletin for an explanation of the workout.

The workshop will begin at 4 p.m. You are advised to bring a mat or heavy towel to sit on.

There is no charge for the workshop thanks to Denise Zumbach and Dr. Todd Ajax.

Please call to let us know if you would like to participate. 351-3700

## SECRETARY'S REPORT

The following were elected into membership of Lodge 590 at the 7/18/16 meeting:

Ryan Majerus, Renee Sweeting, Ed Panther, Chris Guinn, Heather Warner and Michelle Graves.

The following were proposed for membership in Lodge 590 at the 7/18/16 meeting:

Larissa Rosenquist by Mark Lipsius

Andrew Barnett by Brent Page

James Conard by Michael Murphy

Kristen Peairs by Steve Wilson

Cheri Cole by Larissa Rosenquist

Tracy Adams by Mark Kamps

Brady Gambatese by Mark Kamps

Thomas Berg by Geoff Perrill

Randy Larsen by reinstatement

## POOL FUNDRAISER UPDATE

We are pleased to report that the pool fundraiser is just a few hundred dollars short of our \$50,000 goal. A total of \$49,320 has been pledged. \$31,200 has been collected. The remaining pledged money will continue to come in over the next 24 months as we allowed the new lifetime pool memberships to spread the \$2,500 payment over a two year period.

A total of \$28,500 was paid for the improvement of the walkway, landscape wall and fence on the west side of the pool. Also paid was \$4,345 for new tables and umbrellas. New heater has been installed. Thanks to all who helped.

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## BOARD OF DIRECTORS

**7/4/16**

**No meeting**

**7/18/16**

### **I. General Manager Report**

**A.** Waiting for old pool heater to be removed.

**B.** Dinners on Wednesdays and Fridays staying strong.

### **II. Old Business**

**A.** Pool fundraiser has reached \$49,000.

**B.** ENF jars to be set out at next Lodge events.

### **III. New Business**

**A.** Ed Cole made presentation of development plans for the mobile home park and roads north of Foster Road. Time line completion looking at 7 to 10 years.

**B.** Jon Goodvin presented his proposal for Lodge insurance needs.

### **IV. Attendance**

**Present:** Kurt Kimmerling, Greg Finger, Steve Wilson, Jack Zimmerman, Michael Carroll and Mike Berg.

**Absent:** Jason Tjarks.

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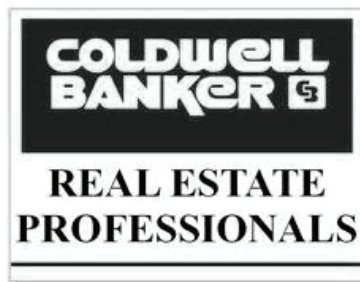
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# AUGUST 2016

- Luncheons
- Dinners
- Private Parties
- Meetings
- Members / Guests

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	1 Lodge Meeting 7 p.m. Hospice Golf Outing NO LUNCH	2 Super Tuesday 5:30 SG Lunch 11:30 to 1:30	3 Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	4 League 5:30 SG Lunch 11:30 to 1:30	5 Prime Rib Dinner 5:30 to 9 Lunch 11:30 to 1:30	6 Pro Shop 7 a.m.
7	8 Lunch 11:30 to 1:30	9 Poolside Pilates 4 p.m. Lunch 11:30 to 1:30	10 Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	11 League 5:30 SG Lunch 11:30 to 1:30	12 Crab Legs Dinner 5:30 to 9 Lunch 11:30 to 1:30	13 Pro Shop 7 a.m.
Pro Shop 7 a.m.	Lunch 11:30 to 1:30	Lunch 11:30 to 1:30	Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	Lunch 11:30 to 1:30	Dinner 5:30 to 9 Lunch 11:30 to 1:30	Pro Shop 7 a.m.
14 Parent/Child Event B.F. Burt 5 to 7 Pro Shop 7 a.m.	15 Lodge Meeting 7 p.m. Initiation Lunch 11:30 to 1:30	16 Lunch 11:30 to 1:30	17 Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	18 League 5:30 SG Lunch 11:30 to 1:30	19 Beef Tenderloin Dinner 5:30 to 9 Lunch 11:30 to 1:30	20 Ryder Cup Pro Shop 7 a.m.
21 Blackstone Golf Outing 4:00 SG Pro Shop 7 a.m.	22 Lunch 11:30 to 1:30	23 Lunch 11:30 to 1:30	24 Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	Lunch 11:30 to 1:30	Dinner 5:30 to 9 Lunch 11:30 to 1:30	Pro Shop 7 a.m.
28	29 Lunch 11:30 to 1:30	30 Lunch 11:30 to 1:30	31 Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	25 Walleye Lunch 11:30 to 1:30	26 Walleye Dinner 5:30 to 9 Lunch 11:30 to 1:30	27 Pro Shop 7 a.m.
Pro Shop 7 a.m.	Lunch 11:30 to 1:30	Lunch 11:30 to 1:30	Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	Lunch 11:30 to 1:30	Dinner 5:30 to 9 Lunch 11:30 to 1:30	Pro Shop 7 a.m.



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# GOLF COMMITTEE NOTES

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Insert in the August 1, 2016, Edition of the Iowa City Lodge No. 590 Bulletin

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## 2016 GOLF CHAMPIONS

Congratulations to our Year 2016 Golf Champions: Rob Cordle, Men's Club Champion; Kurt Kimmerling, Senior Men's Club Champion; Tom Steehler, Super-Senior Men's Club Champion.

## JULY AND AUGUST EVENTS

Plan to get out to the Lodge and participate in the following events scheduled for July and August:

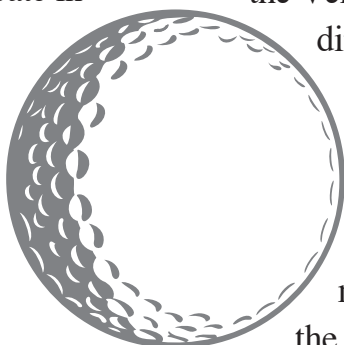
**Monday, August 1st** – Hospice Golf Tournament. This event is open for public play and is the biggest charity event we host.

**Tuesday, August 2nd** – It's a fiesta, Four-Lady Mexican Hat Dance Super Tuesday event! Shotgun start at 5:30 PM with dinner afterwards. \$25.

**Tuesday, August 9th & Tuesday, August 16th** – Women's Club Championship. The 18-hole event will be played over consecutive Tuesdays, you will play 9-holes each day. You must declare your intention to play in the championship prior to teeing off on August 9th. We will also have a Team Blind Draw event on August 9th and a Luck-of-the-Draw on August 16th.

**Sunday, August 13th** – Parent/Child Tournament.

**Saturday, August 20th** – Men's Ryder Cup Event. Our most popular event of the season, this 27-hole event features team play with different formats each 9-holes played. Find a partner or signup individually and we'll get you partnered-up.



**Tuesday, August 23rd** – Women's Call-Away Golf event. Two holes will be thrown out leaving a 7-hole score.

**Tuesday, August 30th** – Women's Hawkeyes Score event. Football season is almost here!

**Tuesday, September 6th** – Women's Super Tuesday event. Las Vegas Night: Roll the Dice at the Venetian. Shotgun start at 5:30 PM with dinner afterwards. Last one of the season, don't miss it!

**Sunday, September 18th** – Men's Club Shamle Team event. ABCD teams will be made up by Golf Committee. Make it a full weekend, watch the Hawkeyes beat the Bisons on Saturday and golf on Sunday.

## WOMEN'S GOLF LEAGUE

We continue to enjoy a full summer schedule of golfing. Remember the Women's Club Championship on August 9th and 16th.

## COURSE ETIQUETTE

Golfers, you can help maintain course conditions by: Fixing ball marks on the green, fix yours and one more; repairing divots you've made on tees and fairways by replacing them or filling with sand; raking sand traps after smooth after playing a shot from them.

## HALF-PRICE MEMBERSHIPS

Mid-season golf deals are now available! Single and Family Golf memberships can be purchased at half-price for balance of the season. Ten-play nine-hole punch cards are also on-sale for \$135.

# Introductory Pilates for Golf Workshop

## Hit the ball farther, straighter and more accurately

Many golfers - from weekend warriors to the game's elite - are now turning to Pilates as an essential training tool that keeps the body in balance and actually improves performance.

Pilates is based on movement from the center of the body, as are most shots in golf. It strengthens the center of the body, also known as the core (the trunk, shoulder girdles and pelvis).

## A stronger and more stable core helps golfers:

- Attain an optimal backswing and follow-through with increased range of motion in shoulders
- Get more distance and power because of added hip and torso flexibility
- Have a stronger and bigger hip turn for greater power through rotation
- Create a smoother and more powerful swing due to evenly conditioned back muscles

Carey Sadler, Owner and Certified Pilates Instructor  
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