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**BENEVOLENT & PROTECTIVE ORDER OF ELKS  
IOWA CITY LODGE NO. 590**

*Exalted Ruler Steve Wilson*

**637 FOSTER ROAD • IOWA CITY, IOWA 52245**

**(319) 351-3700 • FAX (319) 358-2176**

**E-MAIL: ELKS590@ELKS590.ORG • WEBSITE: WWW.ELKS590.ORG**

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# ELKS BULLETIN

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ISSUE 2016-9

SEPTEMBER 1, 2016

PUBLISHED MONTHLY

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## NOTES FROM THE PRO

Congratulations to our champions of golf events during the month of August! Julie Manfull successfully defended her title as Women's Club Champion for 2016. Parent Child Champions were Sean & Luke Merrick 6 & under division; Nathan & Leigha Pacha won the 7-12 year old division; Marla & Campbell Johnson won the 13-18 year old 9-hole division and Mark & Ellie Vanlandschoot won the 13-18 18-hole division. The Orange team captained by Steve Wilson & Jeff Johnson won the Ryder Cup over 3-peat defending Champion Blue team captained by Chad Kron & Shane Smutz. Vince Hargrave & Mike Foster were the Men's League Champions for 2016.

Just because school has started and the Hawkeyes are playing football on Saturdays does not mean the golf season is over. Fall is a great time to play golf. Come out and view the change of colors and watch the on course wildlife as you play.

Terry Anderson  
PGA Golf Professional  
Elks Country Club  
Iowa PGA Section

## THANKS FROM HOSPICE

THANK YOU to Elks Lodge #590 for 21 years of charitable support of the Glenn Roberts Elks/Iowa City Hospice Charity Golf Classic. Because your members are so generous in furnishing the course and supporting the event, every dollar of the golfers' registration and sponsor fees go directly toward providing hospice care and grief support services.

In fact, the 2016 Golf Classic raised over \$14,000—that's 94 "days of care." A day of care includes a range of services, including medications related to the patient's terminal illness; end-of-life expertise and support in dealing with medical, emotional and spiritual issues; volunteers to provide companionship; and grief support to the surviving family members and friends.

Ensuring this comprehensive, quality care remains available to anyone who needs it is what prompted Web Cramer, Gus Kennedy and Glenn Roberts to start the Golf Classic. Since its inception, the event has raised over \$195,000, 1,300 days of care or 3½ years of care!

Thank you again for everything your Lodge has done to ensure that kind, quality hospice care and grief support services will always be accessible to our loved ones, our friends and our community. A recap and photos of the Golf Classic is on our website at <http://iowacityhospice.org/21st-annual-glenn-robertselksiowa-city-hospice-golf-classic-recap/>

## GENERAL MANAGER REPORT

As our season changes and school is back in session we have some schedule changes to announce.

Labor Day the 5th will be the last day for swimming. The pool will be able available for dog swim Tuesday the 6th and Wednesday the 7th. After that the winterizing process will begin.

Tuesday the 13th and Thursday the 15th we will be hosting the National Disabled Veterans TEE Tourney.

The course will be closed until approximately 5 p.m. and we will not serve lunch those two days.

Also, Friday the 23rd will be the last day of lunch service until next spring. We will continue Wednesday and Friday dinners all year long.

It was a wonderful pool season and it was very heartwarming to see how our members stepped up and raise the \$50,000.00 for the pool improvements.

There is plenty of golf left, so don't go away. And again, we will be here Wednesday and Friday nights for dinner.

This time of year we always want to remind everyone to make sure your accounts are up to date. As traffic slows down we need all the money we can get to make ends meet here at Lodge 590.

One last thing, we need to thank Dennis Silkebaken for paying for the replacement of our popcorn machine that had broken down.

## SECRETARY'S REPORT

The following were elected into membership in Lodge 590 at the 8/15/16 meeting:

Larissa Rosenquist, Andrew Barnett, James Conrad, Kristen Pearis, Cheri Cole, Brady Gambatese, Thomas Berg and Randy Larsen.

The following were proposed for membership in Lodge 590 at the 8/15/16 meeting:

Tom Gorzelanny by Mike Gatens  
Emmett Carmichael by Bill Courtney  
Kylor Sorensen by Jim Kellogg  
Kira Lindenboom by Kevin Prestegarrd

## PHOTOS ON FACEBOOK

Check out the Lodge 590 Facebook page and view photos taken at recent golf competitions.



Like us on Facebook



**Introductory Pilates for Golf Workshop**

Hit the ball farther, straighter and more accurately

Many golfers - from weekend warriors to the game's elite - are now turning to Pilates as an essential training tool that keeps the body in balance and actually improves performance.

Pilates is based on movement from the center of the body, as are most shots in golf. It strengthens the center of the body, also known as the core (the trunk, shoulder girdles and pelvis).

**A stronger and more stable core helps golfers:**

- Attain an optimal backswing and follow-through with increased range of motion in shoulders
- Get more distance and power because of added hip and torso flexibility
- Have a stronger and bigger hip turn for greater power through rotation
- Create a smoother and more powerful swing due to overly conditioned back muscles

Casey Sadler, Owner and Certified Pilates Instructor  
Riverside Pilates, North Liberty  
www.RiversidePilates.com

### PILATES FOR GOLF

Check out the enclosed flyer for the next scheduled Pilates workshop. It will be held Wednesday, September 28th, from 1 to 2:30 in the main dining room. Please e-mail your notice of attending.

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## BOARD OF DIRECTORS

8/1/16

No meeting

8/15/16

### I. General Manager Report

- \$52 collected for ENF at B.F. Burt show.
- Staff at pool and Pro Shop dwindling due to school.
- Friday 9/23 will be last lunch for 2016.

### II. Old Business

- Pool fundraiser still ongoing. Just few hundred dollars short of goal.

### III. New Business

- Thank you from West Branch girls golf team received.
- Visit from S/E vice president.
- Kimmerling to research putting some of our land into forest preserve status to relieve some tax burden.

### IV. Attendance

**Present:** Greg Finger, Jason Tjarks, Steve Wilson, Jack Zimmerman, Michael Carroll and Mike Berg.

**Absent:** Kurt Kimmerling.

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BENEVOLENT AND PROTECTIVE ORDER OF ELKS  
637 Foster Road  
IOWA CITY, IOWA 52245

RETURN SERVICE REQUESTED

# **Delimart**

## **CONVENIENCE STORES**

### **IOWA CITY**

525 Highway 1 West  
1920 Lower Muscatine  
2410 Mormon Trek Blvd  
206 East Benton Street

### **CORALVILLE**

590 1st Avenue  
506 2nd Street



*Iowa City Lodge, No. 590*

BENEVOLENT AND PROTECTIVE ORDER OF ELKS  
637 FOSTER ROAD • IOWA CITY, IOWA • 351 • 3700

# SEPTEMBER 2016

- Luncheons
- Dinners
- Private Parties
- Meetings
- Members / Guests

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
				1 Lunch 11:30 to 1:30	2 Prime Rib Dinner 5:30 to 9 Lunch 11:30 to 1:30	3 Miami Ohio 2:30 Pro Shop 7 a.m.
4	5 Lodge Meeting 7 p.m. Lunch 11:30 to 1:30	6 Super Tuesday 5:00 SG Dog Swim Lunch 11:30 to 1:30	7 Dog Swim Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	8 Lunch 11:30 to 1:30	9 Crab Legs Dinner 5:30 to 9 Lunch 11:30 to 1:30	10 Iowa State 6:30 Private Party Pro Shop 7 a.m.
11 Pro Shop 7 a.m.	12 Lunch 11:30 to 1:30	13 National Disabled Veterans TEE Tournament No Lunch	14 Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	15 National Disabled Veterans TEE Tournament No Lunch	16 Beef Tenderloin Dinner 5:30 to 9 Lunch 11:30 to 1:30	17 North Dakota State 11 a.m. Pro Shop 7 a.m.
18 Shamble Pro Shop 7 a.m.	19 Lodge Meeting 7 p.m. Lunch 11:30 to 1:30	20 Lunch 11:30 to 1:30	21 Dinner 5:30 to 8:30 Lunch 11:30 to 1:30	22 No Lunch	23 Walleye Dinner 5:30 to 9 Lunch 11:30 to 1:30	24 UIHC Maintenance Outing 8 to 12:30 At Rutgers Pro Shop 7 a.m.
25 Pro Shop 7 a.m.	26 Pro Shop 8 a.m.	27 Pro Shop 8 a.m.	28 Pilates 1 to 2:30 Dinner 5:30 to 8:30 Pro Shop 8 a.m.	29 Pro Shop 8 a.m.	30 Chicken Cordon Bleu Dinner 5:30 to 9 Pro Shop 8 a.m.	

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# GOLF COMMITTEE NOTES

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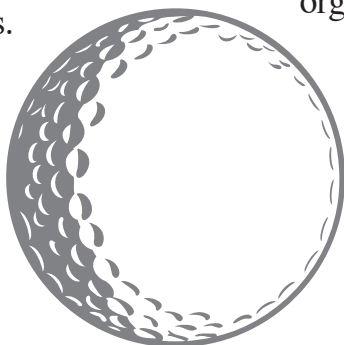
Insert in the September 1, 2016, Edition of the Iowa City Lodge No. 590 Bulletin

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The weather in September and October is the best of the season for playing golf. Plan to get out and play in our upcoming events:

**Tuesday, September 6th** – Women’s Super Tuesday event called Kings and Queens.

A King will be stationed at every tee and available to aid your foursome of Queens with either a tee or second shot on that hole. Kings will be offering “treats.” Shotgun start at 5:00PM with dinner afterwards. Last one of the season, don’t miss it!



**Sunday, September 18th** – Men’s Club Shamble Team event. ABCD teams will be made up by Golf Committee. Make it a full weekend, watch the Hawkeyes beat the NDSU Bisons on Saturday and golf on Sunday.

**Saturday, October 29th** – Chili Open Golf and Silent Auction Fundraiser. Our last planned golf event of the season and always a favorite. Open to all Elks and their family members over 16 years of age. Bring a golf related auction item and some cash-money!

## **Women’s Golf League:**

Congratulations to Julie Manfull, who repeated as Women’s Club Champion of year. Thanks to everyone who participated in our events, it was a great season of golf and friendship.

## **Friday Night Couples Golf:**

Thanks to the over 30+ golfers who participated in a very successful first season. The group played fun golf games such as best ball, scram-

bles, and various others to make it interesting and enjoyable for golfers of all abilities. Those needing a partner were also welcome. Special thanks goes out to Pat Knebel and Ben Halupnik for organizing the weekly play.

Starting Sunday, September 11th, we will play a couples event at 3:00PM. If you would like participate, please email Patty Knebel at [pknebel@hotmail.com](mailto:pknebel@hotmail.com).

## **COURSE ETIQUETTE**

Golfers, you can help maintain course conditions by: Fixing ball marks on the green, fix yours and one more; repairing divots you’ve made on tees and fairways by replacing them or filling with sand; raking sand traps smooth after playing a shot from them.

## **HALF-PRICE MEMBERSHIPS**

Mid-season golf deals are now available! Single and Family Golf memberships can be purchased at half-price for balance of the season. Ten-play nine-hole punch cards are also on-sale for \$135.

## **GOLF IMPROVEMENT FUND**

Finally, thanks to Rob Cordle and Thursday Night Golf League participants who donated to our fundraising efforts. By season’s end, through Rob’s efforts the league raised \$673 for our Lodge Golf Improvement Fund.

# Elks Club Pool Fundraiser

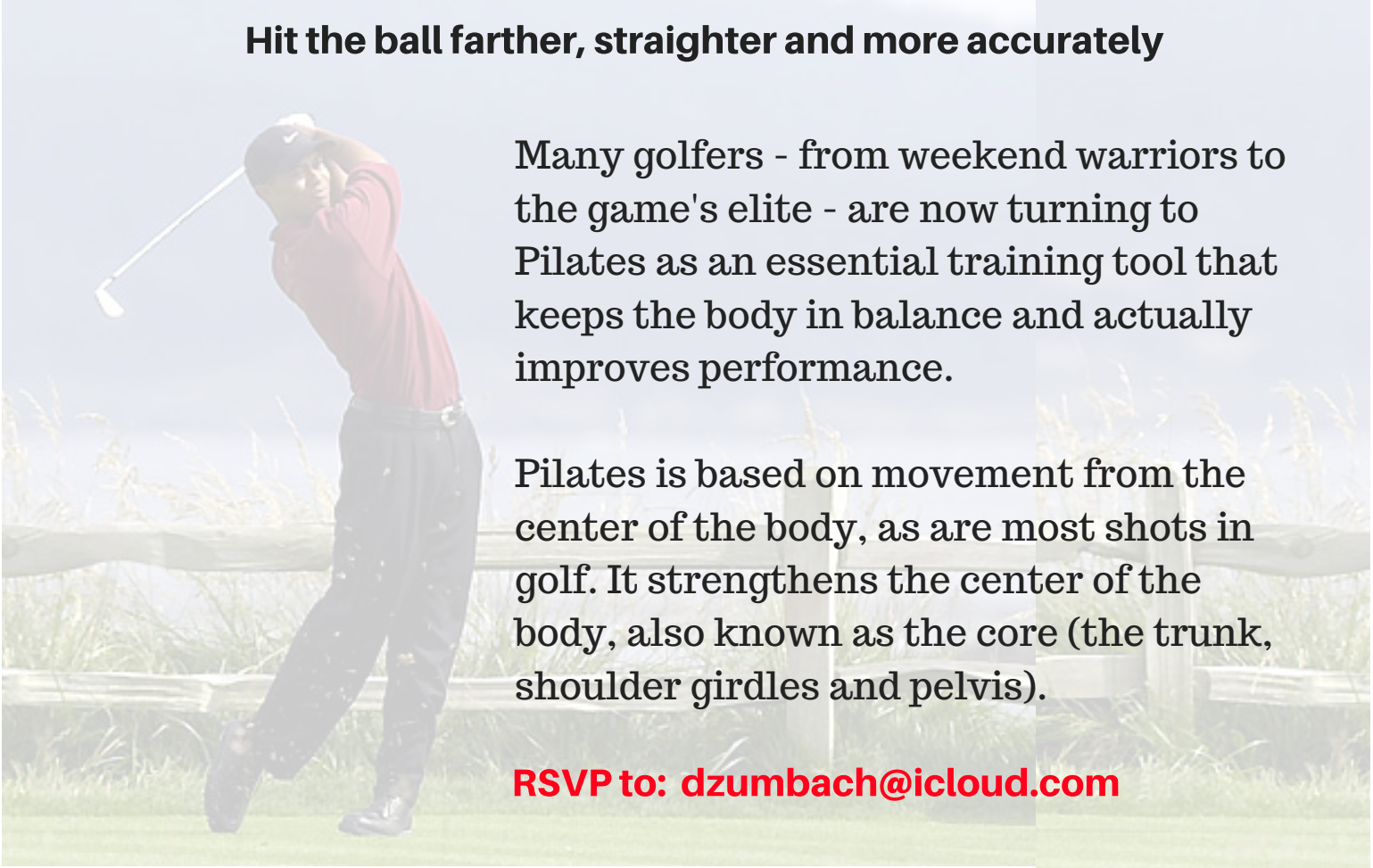
## Introductory Pilates for Golf Workshop

Wednesday, September 28, 1 - 2:30 pm

\$20 Donation

Elks Club Dining Room: Bring a Mat Or Large Towel

### Hit the ball farther, straighter and more accurately



Many golfers - from weekend warriors to the game's elite - are now turning to Pilates as an essential training tool that keeps the body in balance and actually improves performance.

Pilates is based on movement from the center of the body, as are most shots in golf. It strengthens the center of the body, also known as the core (the trunk, shoulder girdles and pelvis).

**RSVP to: [dzumbach@icloud.com](mailto:dzumbach@icloud.com)**

### A stronger and more stable core helps golfers:

- Attain an optimal backswing and follow-through with increased range of motion in shoulders
- Get more distance and power because of added hip and torso flexibility
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Carey Sadler, Owner and Certified Pilates Instructor  
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